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# Share Your Story of Hope Contest Rules and Disclaimers

## Instructions

- To enter, fill out the form with a story of hope at the landing page: <https://givetouhf.ca/media/share-your-story-hope>
- Ensure you have provided the correct email address, as this is how we will contact the winner.
- That's it! The winner will be selected on Friday, July 18<sup>th</sup>, and notified by Monday, July 21<sup>st</sup>.

## Disclaimers

- **Permissions:** By submitting a story, participants grant the University Hospital Foundation permission to share their story on UHF's website, social media channels and other marketing materials. Stories may be edited for clarity or brevity, but content will remain true to the original message.
- **Privacy:** Personal information collected as part of the contest entry will be used solely for the purposes of administering the contest, contacting the winner and publicizing the winning story with consent.
- **Social Media:** This contest is in no way sponsored, endorsed, administered by, or associated with Facebook, Instagram, or X.
- **Liability Waiver:** UHF is not responsible for any issues or technical malfunctions affecting the ability to enter the contest, including but not limited to website or internet disruptions, unauthorized entries, or incomplete submissions.

## Submission Guidelines

1. **Content Requirements:** Share a story related to your support for the University Hospital Foundation. This could be an experience with patient care, an inspiring event, or any other moment where the Foundation's impact was meaningful to you.
2. **Original Content:** Submissions must be original and created by the participant. Stories should not include personal details or identifying information about others without their permission.
3. **Appropriateness:** Submissions should align with the positive message of the campaign. Any content deemed inappropriate, offensive, or unrelated will be disqualified.